



***Kids CAN Help!***

**The most needed food items at the Food Bank include:**

Tuna Fish and other canned meats  
Cereal  
Rice  
Pasta e.g. (spaghetti, egg noodles)  
Spaghetti Sauce  
Instant Potato's  
Peanut Butter & Jelly  
Boxed Dinners (Hamburger/Tuna Helpers)

We cannot accept individual jars of baby food. We can accept jars of baby food that are encased in plastic, in various case sizes. We can also accept boxes of baby cereal.

**The most needed personal care items include:**

Diapers  
Soap  
Toothbrushes / Toothpaste  
Shampoo

If your household needs it, our families need it.

*Thank you for supporting the Food Bank*