

Getting Ahead in a Just Gettin' By World

A program that offers useful tools, practical advice and valuable communication to help you and your family get ahead, instead of simply get by.

What can I expect from the program?

- You will be paid \$250 after the 10 classes are completed.
- Lunch provided at no cost.
- Childcare provided at no cost.
- Total of 10 sessions; 2 class each week, including orientation.
- Class will be held on Tuesday and Thursday afternoons at 12p-2p from May 28th - July 2nd
- Expected class size of about 12 people, first come first serve.
- The group is run "kitchen table" style.
- There will be a facilitator to help explore solutions and keep the group on track—*not* someone who tells you what to do.
- The facilitator will help you gather your ideas and help you explore solutions.
- All classes and childcare will be provided at Saratoga Elementary School, enter Door 1
- Childcare will be in the cafeteria, Getting Ahead classes in the Library
- Safe and encouraging environment.

What can I expect to achieve during the program?

- Identify your strengths and build a personal future story.
- Work to build financial resources for you and your family.
- Become skilled at using the hidden rules of class to build resources.
- Receive long term support, from people and resources in Lancaster County, to help you achieve your future plans.
- Help be a part of building a community where everyone can live well.

What is expected of me as a participant?

- Commitment to attend ALL classes.
- Actively participate in discussions.
- Complete the lessons in the workbook.
- Engage in some discovery work that may occur outside of class.
- Be open to new ideas.



Pictured above: Graduates of the inaugural "Getting Ahead" class at the group's program graduation and celebration. Program Facilitator Alynn Sampson and Co facilitator Emily Koopmann

How do I qualify?

- Applicants must live in Lancaster County.
- Must be 18 years or older.
- Must be able to read and speak English at a conversational level.
- Must fill out registration on back of this flier and turn into front office at school.

If selected...

You will need to attend a mandatory orientation on Tuesday, May 28th at Saratoga Elementary School (2215 S. 13th St).

Please return registration by Wednesday, May 15th.

Questions?

If you have questions about this program, please contact Emily Trauernicht, School Community Coordinator for Holmes CLC at (402) 580-3981, emily.trauernicht@lps.org, or Chelsea Egenberger, School Community Coordinator at Saratoga at (402) 580-3527, chelsea.egenberger@lps.org.

Getting Ahead in a Just Gettin' by World & Bridges Out of Poverty in Nebraska are initiatives of the Food Bank of Lincoln.

