

The most needed food and personal care items at the Food Bank of Lincoln include:

Non-perishable, non-expired food items:

- Tuna or canned chicken
- Canned food with pop-top lids (soup, stew, chili)
- Canned fruits in its own juice or water
- Low-sodium canned vegetables
- Peanut butter
- Macaroni and cheese and other boxed dinners
- Brown rice and long-grain white rice (not instant)
- 100% fruit juice
- Olive or canola oil
- Spices
- Low-sugar whole grain cereals
- Healthy snacks (granola bars, nuts, dried fruit)
- Coffee

We cannot accept individual jars of baby food. We can accept jars of baby food that are encased in plastic, in various case sizes. We can also accept boxes of baby cereal.

Expiration guidelines: We can accept dry good donations that are up to one year past the printed expiration date and canned good donations that are up to two years past the printed expiration date.

Personal care items:

- Toilet paper
- Diapers
- Soap
- Feminine hygiene products
- Toothbrushes and toothpaste
- Shampoo and conditioner