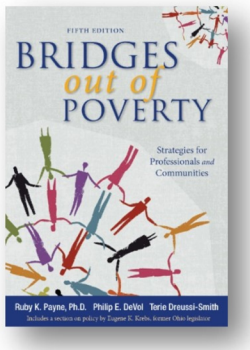
Bridges Out of Poverty

Building understanding. Strengthening connection. Creating pathways forward.

Bridges Out of Poverty is a nationally recognized framework that helps communities better understand the realities of poverty—and how people, organizations, and systems can work together to create lasting change.

Rather than focusing on fixing individuals, Bridges invites us to look more closely at the context people live in: the resources available to them, the relationships that support them, and the systems they must navigate every day. It helps replace assumptions with understanding and moves us from good intentions to more effective action.



What is Bridges About?

Bridges helps participants:

- Understand how economic class, hidden rules, and mental models influence decision-making
- Recognize the critical role of relationships and social capital in stability and well-being
- Shift from helping people toward working with people
- Build shared language that strengthens collaboration across differences

This work is not about blame.
It's about dignity, clarity, and shared responsibility.

What You'll Gain from a Bridges Training

People who attend Bridges trainings often leave with:

- A deeper, more compassionate understanding of poverty and economic instability
- Practical tools they can apply in their work, ministry, or community roles
- Greater confidence communicating across differences
- Insight into how systems unintentionally create barriers—and how to reduce them
- A renewed sense of hope grounded in understanding, not assumptions

Bridges changes how people listen, how they lead, and how they show up in relationships.

Who is Bridges For?

Bridges is valuable for churches, nonprofits, educators, healthcare providers, volunteers, and anyone who wants to better understand poverty and be part of meaningful change.
No prior experience is required, just a willingness to learn and reflect.

Bringing Bridges to Your Community



Georgann Roth
Community Resource Manager, Food Bank of Lincoln
Bridges Out of Poverty and Getting Ahead in a Just-Gettin'-By-World Certified Trainer
groth@lincolnfoodbank.org (402) 819-6481

FOR MORE INFORMATION, VISIT LINCOLNFOODBANK.ORG